Augason Farms

Freeze Dried Broccoli Florets & Stems

Recipes

BROCCOLI RICE BAKE

1/4 cup Augason Farms Dehydrated Chopped Onions, rehydrated1/3 cup butter

1 cup Augason Farms Freeze Dried Broccoli & Florets, rehydrated 2 cups cooked rice

1/2 cup Augason Farms Freeze Dried Shredded Colby Cheese, rehydrated

1 cup cream of mushroom soup

Sauté onions in butter and add the remaining ingredients. Mix well. Pour into a two quart greased casserole dish. Bake 350°F uncovered for 40 to 45 minutes.

CHICKEN DIVAN

- 2 cups water
- 1/2 cup Augason Farms Chicken Flavor Bouillon
- 4 cups Augason Farms Freeze Dried Chicken Breast Chunks, rehydrated
- 2 cups Augason Farms Freeze Dried Broccoli & Florets, rehydrated
- 2 tablespoons butter
- 3 tablespoons Augason Farms Enriched Unbleached All Purpose Flour 1/2 cup light cream Salt and pepper to taste Grated parmesan cheese

In a large saucepan, add water, bouillon and chicken, stir until blended. Simmer for 20 minutes. Remove the chicken from the broth, save broth. Arrange broccoli florets on the bottom of a baking dish. Arrange the chicken pieces on top. Make a white sauce with the butter, flour, remaining chicken broth and cream. Pour sauce over top the chicken mixture. Salt and pepper to taste. Sprinkle with grated parmesan cheese. Bake 400°F for 15 to 20 minutes.