HEARTY VEGETABLE **CHICKEN- FLAVORED** SOUP

8 servings per container Serving size 1/3 cup (57g) dry (about 1 cup prepared)	
Calories	200
% Da	ily Value*
Total Fat Og	0%
Saturated Fat Og	0%
Trans Fat Og	
Cholesterol Omg	0%
Sodium 590mg	26%
Total Carbohydrate 40g	15%
Dietary Fiber 7g	25%
Total Sugars 4g	
Includes Og Added Sugars	0%
Protein 7g	
Vitamin D Omcg	0%
Calcium 37mg	2%
ron 3mg	15%
Potassium 455mg	10%

INGREDIENTS: White rice (long grain rice, iron phosphate, niacin, thiamin mononitrate, and folic acid), lentils, elbow macaroni (wheat flour, niacin, ferrous sulfate [iron], thiamin mononitrate, riboflavin, folic acid), carrots, celery slices, chicken soup base (corn syrup solids, salt, cornstarch, hydrolyzed corn and soy protein, rendered chicken fat, sugar, onion powder, disodium inosinate and disodium guanylate, spices, turmeric, dehydrated parsley, and silicon dioxide added to prevent caking), non-iodized salt, onions, sugar, yeast extract, whey, turmeric, garlic powder, caramel color, CONTAINS: Milk, soy, wheat.

CREAMY CHICKEN-FLAVORED RICE

Nutrition Fa	cts
8 servings per container Serving size 1/3 cup (52 (about 1/2 cup pre	
Amount per serving	
	40
% Daily	y Value*
Total Fat 11g	14%
Saturated Fat 6g	30%
Trans Fat Og	
Cholesterol Omg	0%
Sodium 330mg	14%
Total Carbohydrate 30g	11%
Dietary Fiber Og	0%
Total Sugars 1g	
Includes Og Added Sugars	0%
Protein 4g	
Vitamin D Omcg	0%
Calcium 19mg	2%
Iron 1mg	6%
Potassium 277mg	6%
*The % Daily Value (DV) tells you how much a r serving of food contributes to a daily diet. 2,00 day is used for general nutrition advice.	

INGREDIENTS: Rice (parboiled long grain rice, enriched with ferric orthophosphate [iron], niacin, thiamin mononitrate [thiamin], and folic acid [folate]), creamer (palm oil, maltodextrin, sodium caseinate [a milk derivative], dipotassium phosphate, mono and diglycerides, sodium hexametaphosphate, and silicon dioxide [flow agent]), corn starch, natural chicken flavor (autolyzed yeast extract, maltodextrin, salt, chicken flavor, chicken stock, natural flavor, chicken fat, silicon dioxide), onions, low sodium chicken base (corn syrup solids, corn starch, hydrolyzed soy and corn protein, salt, rendered chicken fat, sugar, onion powder, disodium inosinate and disodium guanylate, spices, turmeric, dehydrated parsley, natural flavor, and silicon dioxide added to prevent caking), onion powder, yeast extract, parsley, turmeric

CONTAINS: Milk, soy

CREAMY STROGANOFF

Nutrition Facts

(about 1 cup	prepared)
Amount per serving Calories	330
% C	aily Value*
Total Fat 11g	14%
Saturated Fat 8g	40%
Trans Fat Og	
Cholesterol 50mg	17%
Sodium 700mg	30%
Total Carbohydrate 48g	17%
Dietary Fiber 2g	7%
Total Sugars 5g	
Includes 1g Added Sugars	2%
Protein 10g	
Vitamin D Omcg	0%
Calcium 46mg	4%
Iron 2mg	10%
Potassium 345mg	8%

INGREDIENTS: Egg noodles (durum wheat semolina, durum wheat flour, eggs, niacin, iron [ferrous sulfate], thiamin mononitrate, riboflavin, folic acid), creamer (coconut oil, corn syrup solids, sodium caseinate [a milk derivative], dipotassium phosphate, sugar, mono and diglycerides, silicon dioxide, polysorbate 80, tetrasodium pyrophosphate, soy lecithin), sour cream powder (cultured cream [cream, nonfat milk, culture enzymes] salt, lactic acid, vitamin E, vitamin C), vegetarian beef base (salt, hydrolyzed soy protein, sugar, torula yeast, corn starch, maltodextrin, caramel color, onion powder, yeast extract, natural flavors, citric acid, and less than 2% silicon dioxide added to prevent caking), onions, non-iodized salt, modified food starch, mushrooms, onion powder, red wine flavor (red wine, maltodextrin), sauteed mushroom stock (shiitake mushroom powder, maltodextrin, tapioca dextrin, salt, sunflower oil, natural buttermilk flavor, autolyzed yeast extract, soybean oil, yeast extract, soy sauce powder, onion, modified corn starch). CONTAINS: Egg, milk, soy, wheat.

FETTUCCINE **ALFREDO**

Nutrition Fa	acts
4 servings per container	
Serving size 1/2 cup (
(about 1 cup p	repared)
Amount per serving	
Calories	<u>300</u>
% Da	ily Value*
Total Fat 11g	14%
Saturated Fat 9g	45%
Trans Fat Og	
Cholesterol 35mg	12%
Sodium 670mg	29%
Total Carbohydrate 41g	15%
Dietary Fiber 1g	4%
Total Sugars 5g	
Includes 1g Added Sugars	2%
Protein 8g	
Vitamin D Omcg	0%
Calcium 106mg	8%
Iron 1mg	6%
Potassium 328mg	6%
*The % Daily Value (DV) tells you a nutrient in a serving of food o to a daily diet.	

INGREDIENTS: Egg noodles (durum wheat semolina, durum wheat flour, eggs, niacin, iron [ferrous sulfate], thiamin mononitrate, riboflavin, folic acid), creamer (hydrogenated coconut oil, corn syrup solids, sodium caseinate [a milk derivative], dipotassium phosphate, mono and diglycerides, silicon dioxide, soy lecithin), white cheese (cheddar cheese, [pasteurized milk, salt, cheese culture, enzymes], buttermilk, whey, salt and natural flavors [contains less than 2% silicon dioxide]), modified food starch, parmesan (whey, maltodextrin, buttermilk, natural parmesan cheese flavor, salt), non-iodized salt, whey, lactic acid, garlic powder, parsley, black

CONTAINS: Egg, milk, soy, wheat.

ITALIANO MARINARA PASTA

Nutrition Fa	cts
4 servings per container Serving size 1/2 cup (69 (about 1 cup pre	
Amount per serving	
Calories 2	40
% Daily	/ Value*
Total Fat 1.5g	2%
Saturated Fat 0.5g	3%
Trans Fat Og	
Cholesterol Omg	0%
Sodium 610mg	27%
Total Carbohydrate 46g	17%
Dietary Fiber 3g	11%
Total Sugars 14g	
Includes 1g Added Sugars	2%
Protein 9g	
Vitamin D Omcg	0%
Calcium 59mg	4%
Iron 2mg	10%

5 servings per container	
Serving size 1/3 cup ((about 1/2 cup p	
Amount per serving Calories	220
% Da	ily Value*
Total Fat 3.5g	4%
Saturated Fat 3g	15%
<i>Trans</i> Fat Og	
Cholesterol Omg	0%
Sodium 115mg	5%
Total Carbohydrate 44g	16%
Dietary Fiber 1g	4%
Total Sugars 30g	
Includes 24g Added Sugars	48%
Protein 5g	
Vitamin D Omcg	0%
Calcium 164mg	15%
Iron 1mg	6%

CHOCOLATE PUDDING ELBOW MACARONI

Nut	ritio	n Fact
		ntainer /3 cup (44g) d /3 cup preparec
Amount pe	-	160
		% Daily Valu
Total Fat	0.5g	1
Saturat	ed Fat Og	c
<i>Trans</i> F	at Og	
Choleste	r ol Omg	c
Sodium (Dmg	c
Total Car	bohydrate 3	2g 12
Dietary	Fiber 1g	4
Total S	ugars 1g	
Incluc	les Og Addec	l Sugars C
Protein 5	g	
Vitamin D	0mcg	C
Calcium 9	9mg	C
Iron 1mg		6
Potassiun	n 98mg	2

CHEESE POWDER

Serving size 2 tbsp (14g) dry (about 2 tbsp prepared)	
Amount per serving Calories	50
%	Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0.5g	3%
<i>Trans</i> Fat Og	
Cholesterol 5mg	2%
Sodium 420mg	18%
Total Carbohydrate 7g	3%
Dietary Fiber Og	0%
Total Sugars 7g	
Includes Og Added Sugars	0%
Protein 3g	
Vitamin D Omcg	0%
Calcium 122mg	10%
Iron Omg	0%
Potassium 214mg	4%
*The % Daily Value (DV) tells you how mu serving of food contributes to a daily diet day is used for general nutrition advice.	

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Potassium 737mg

15%

INGREDIENTS: Lasagna noodles (semolina [wheat], niacin, iron [ferrous sulfate], thiamin mononitrate, riboflavin, folic acid), tomato powder, onions, modified food starch, white cheddar cheese (cheddar cheese [pasteurized milk, salt, cheese culture. enzymes], salt, lactic acid, natural flavors [contains less than 2% silicon dioxide]), sea salt, sugar, garlic powder, tomatoes, burgundy wine flavor (maltodextrin, modified corn starch, wine solids, corn syrup solids, malic acid, natural flavor, sorbic acid, sulfites, potassium sorbate), cheddar cheese powder (dextrose, maltodextrin, whey solids, natural and artificial flavor, corn starch, salt, silicon dioxide, guar gum, annatto, turmeric), olive oil flavor (modified corn starch, maltodextrin, medium chain triglycerides, natural flavor. tricalcium phosphate), parsley, Italian spice (garlic, onion, spices), basil, citric acid, yeast extract, natural orange color (annatto, beet juice), caramel color, ground fennel. **CONTAINS:** Milk, wheat.

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Sugar, nonfat dry milk. modified food starch, creamer (coconut oil, corn syrup solids, sodium caseinate [a milk derivative], dipotassium phosphate, sugar, mono and diglycerides, silicon dioxide, polysorbate 80, tetrasodium pyrophosphate, soy lecithin), cocoa, non-iodized salt, cream flavor (maltodextrin, lipolyzed cream, natural flavor

CONTAINS: Milk. sov.

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INGREDIENTS: Elbow macaroni (wheat flour, niacin, ferrous sulfate [iron], thiamin mononitrate, riboflavin, folic acid). CONTAINS: Wheat.

INGREDIENTS: Cheese sauce mix (whey, nonfat dry milk, cheddar cheese (pasteurized milk, salt, cheese cultures, enzymes), salt, natural flavors, butter (cream), buttermilk, lactic acid, annatto, extractives of paprika, natural vitamin E (added to preserve freshness), natural orange color (annatto, beet juice). **CONTAINS:** Milk

CREAMY POTATO SOUP MIX

8 servings per container Serving size 1/3 cup (51g) dry (about 1 cup prepared)	
alories 2	20
% Dail	y Value*
tal Fat 8g	10%
Saturated Fat 4g	20%
Trans Fat Og	
olesterol Omg	0%
dium 630mg	27%
tal Carbohydrate 33g	12%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 1g Added Sugars	2%
otein 4g	
tamin D 0mcg	0%
lcium 26mg	2%
on 1mg	6%
tassium 455mg	10%

INGREDIENTS: Potatoes, creamer (palm oil, maltodextrin, sodium caseinate [a milk derivative], dipotassium phosphate, mono and diglycerides, sodium hexametaphosphate, and silicon dioxide [flow agent]), bleached enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid, enzyme), dehydrated potato flakes (potato, monoglycerides, sodium acid pyrophosphate, citric acid, sodium bisulfite and BHA to preserve freshness), corn starch, onions chicken soup base (corn syrup solids, salt, corn starch, hydrolyzed corn and soy protein, rendered chicken fat, sugar, onion powder, disodium inosinate and disodium guanylate. spices, turmeric, dehydrated parsley, and silicon dioxide added to prevent caking), non-iodized salt, sugar, yeast extract, onion powder, whey, parsley, turmeric, garlic powder, caramel color

CONTAINS: Milk, soy, wheat.

CHEESY BROCCOLI RICE

8 servings per container	-
Serving size 1/3 cup) (65a) dry
(about 3/4 cup	
Amount per serving	
Calories	250
%	Daily Value*
Total Fat 4.5g	6%
Saturated Fat 2g	10%
Trans Fat Og	
Cholesterol 10mg	3%
Sodium 640mg	28%
Total Carbohydrate 45g	16%
Dietary Fiber Og	0%
Total Sugars 9g	
Includes Og Added Sugars	0%
Protein 7g	
Vitamin D Omcg	0%
Calcium 152mg	10%
Iron 1mg	6%
Potassium 396mg	8%

INGREDIENTS: Rice (parboiled long grain rice, enriched with ferric orthophosphate [iron], niacin, thiamin mononitrate [thiamin], and folic acid [folate]), cheese sauce mix (whey, nonfat dry milk, cheddar cheese (pasteurized milk, salt, cheese cultures, enzymes), salt, natural flavors, butter (cream), buttermilk, lactic acid, annatto, extractives of paprika, natural vitamin E (added to preserve freshness), creamer (maltodextrin, palm oil, contains 2% or less of the following: sodium caseinate [a milk derivative], dipotassium phosphate, mono and diglycerides [with tocopherols, ascorbic acid, citric acid to preserve freshness], sodium aluminosilicate, natural flavor, annatto extract [color], sodium hexmetaphosphate), corn starch, chicken soup base (corn syrup solids, salt, corn starch, hydrolyzed corn and soy protein, rendered chicken fat, sugar, onion powder, disodium inosinate and disodium guanylate, spices, turmeric, dehydrated parsley, and silicon dioxide added to prevent caking), dehydrated broccoli (broccoli, sucrose), onions, onion powder, natural orange color (annatto, beet juice), parsley. CONTAINS: Milk, soy

CHICKEN-FLAVORED NOODLE SOUP

4 servings per containe Serving size 1/2 c	
	up prepared)
Amount per serving Calories	190
	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat Og	0%
Trans Fat Og	
Cholesterol 20mg	7%
Sodium 790mg	34%
Total Carbohydrate 38g	14%
Dietary Fiber 2g	7%
Total Sugars 4g	
Includes 2g Added Suga	ars 4%
Protein 5g	
Vitamin D Omcg	0%
Calcium 32mg	2%
Iron 1mg	6%
Potassium 225mg	4%

INGREDIENTS: Egg noodles (durum wheat semolina, durum wheat flour, eggs, niacin, iron [ferrous sulfate], thiamin mononitrate, riboflavin, folic acid), maltodextrin, vegetarian chicken base (maltodextrin, hydrolyzed corn protein, salt, corn starch, sugar, onion and garlic powder, spices [including parsley], extractives of turmeric, silicon dioxide added to prevent caking). carrots, modified food starch, onions, celery slices, dehydrated peas, garlic powder, celery seed, white pepper, xanthan gum, contains: Egg, wheat.

CORN CHOWDER

Nutrition 4 servings per contain	ier
	cup (44g) dry cup prepared)
Amount per serving	oup propared)
Calories	190
	% Daily Value*
Total Fat 7g	9%
Saturated Fat 3g	15%
Trans Fat Og	
Cholesterol Omg	0%
Sodium 750mg	33%
Total Carbohydrate 31g	11%
Dietary Fiber 1g	4%
Total Sugars 4g	
Includes 2g Added Sug	gars 4%
Protein 2g	
Vitamin D Omcg	0%
Calcium 18mg	2%
Iron Omg	0%
Potassium 253mg	6%
*The % Daily Value (DV) te a nutrient in a serving of to a daily diet.	lls you how much food contributes

INGREDIENTS: Creamer (maltodextrin, palm oil, contains 2% or less of the following: sodium caseinate [a milk derivative], dipotassium phosphate, mono and diglycerides [with tocopherols, ascorbic acid, citric acid to preserve freshness], sodium aluminosilicate natural flavor, annatto extract [color], sodium hexmetaphosphate), modified food starch, dehydrated potato flakes (potato, monoglycerides, sodium acid pyrophosphate, citric acid, sodium bisulfite and BHA to preserve freshness), low sodium chicken base (corn syrup solids, corn starch, hydrolyzed soy and corn protein, salt, rendered chicken fat, sugar, onion powder, disodium inosinate and disodium guanylate, spices, turmeric, dehydrated parsley, natural flavor, and silicon dioxide added to prevent caking), freeze-dried corn, sugar, non-iodized salt, corn flakes, Worcestershire flavor (Worcestershire sauce [vinegar, molasses, corn syrup, salt, caramel color, garlic, sucrose, spices, tamarind, and natural flavors], maltodextrin), natural butter flavor (whey solids, enzyme modified butter, maltodextrin, salt, butter, guar gum, annatto and turmeric), onions, bacen flavored bits (texture vegetable protein [soy flour, carmel color, red 3], soybean oil, water, salt, natural flavors, yeast extract, dextrose), sweet corn flavor (maltodextrin, modified food starch, sugar, natural and artificial flavor. Contains 2% or less of each of the following: silicon dioxide, sorbitol, fructose), celery slices, garlic, yeast extract, corn flour (corn masa flour, trace of lime), roasted green bell pepper (modified potato starch, natural flavor, green bell pepper powder, salt), natural flavor (yeast extract, salt, natural flavor, natural smoke flavor). CONTAINS: Milk, soy.







